

### SOBC-QUESNEL 2025-26 Program Schedule

PROGRAM	DAY	TIME	LOCATION	Start/End dates	Cost (if applicable)	Head coach	Contact information	Tentative competition plans
Alpine skiing	Sundays	10am to 12noon	Troll Resort	December or January until March 2026	2025 pricing: \$410 adult \$285 youth \$180 junior	Anita Higdon	250-255-3989 <a href="mailto:aeigdon@yahoo.ca">aeigdon@yahoo.ca</a>	Winter Games qualifier
Swimming	Sundays	5:30 to 7pm	Quesnel Arts & Rec Centre	October 20 <sup>th</sup> until March 29 <sup>th</sup>	\$2/week	Brittany Macdonald	778-349-9045 <a href="mailto:brittnmacdonald1514@hotmail.com">brittnmacdonald1514@hotmail.com</a>	1 <sup>st</sup> ever home swim meet
Five-pin bowling	Mondays	4pm start	Rev Bowling Lanes	September 22 <sup>nd</sup> until late March Bowling canceled on stat holidays	\$10/week + shoe rental (if applicable)	Doreen O'Brien + Ellen Martz	(D) 250-992-2349 (E) 250-747-2995, 250-255-1185 <a href="mailto:loma1@telus.net">loma1@telus.net</a>	Winter Games qualifier (possible hosts) Host annual Goldpan tournament in March or April
Club Fit	Mondays	6:45 to 8:15pm	Riverview School	October 20 <sup>th</sup> until March 9 <sup>th</sup>		Linda Adams	250-747-3178, 250-255- <a href="mailto:lindaadams1749@gmail.com">lindaadams1749@gmail.com</a>	Not applicable
Floor hockey	Tuesdays	6 to 8pm	Riverview School	October 14 <sup>th</sup> until March 10 <sup>th</sup>		Rick Prosk	250-992-2741, 250-255-7072 <a href="mailto:rprosk@telus.net">rprosk@telus.net</a>	Annual trip to PG; Dec. 13 <sup>th</sup> /14 <sup>th</sup> Possible Hixon playday
Cross Country Skiing	Wednesdays	3 to 5pm	Hallis Lake ski trails	December or January until mid-March			To be determined	Winter Games qualifier
Curling	Wednesdays	6:30 to 8:15pm	Quesnel Curling Centre	October 15 <sup>th</sup> until March 11 <sup>th</sup>		John Hagley	250-255-0586 <a href="mailto:daroszlo@telus.net">daroszlo@telus.net</a>	Lions Cup Challenge vs. PG Winter Games qualifier (possible hosts) Langley bonspiel
Basketball	Thursdays	4:45 to 6:15pm	Riverview School	October 16 <sup>th</sup> until March 12 <sup>th</sup>		Sue Kent + Sam(antha) Wright	(SK) 250-992-3431 <a href="mailto:skkent@outlook.com">skkent@outlook.com</a> (SW) 250-991-3673 <a href="mailto:samantha.wright@westfraser.com">samantha.wright@westfraser.com</a>	Host March Madness North Possible Hixon playday
Rhythmic Gymnastics	Thursdays	6:30 to 8pm	Riverview School	October 16 <sup>th</sup> until March 12 <sup>th</sup>		Megan Klotz	250-991-8758 <a href="mailto:meaklotz@gmail.com">meaklotz@gmail.com</a>	
Snowshoeing	Saturdays	tba	Hallis Lake	December or January until mid-March		Richard Lindstrom	250-983-5464 <a href="mailto:elwoodselectric@gmail.com">elwoodselectric@gmail.com</a>	Winter Games qualifier
Bocce	Sundays	1 to 2:30pm	LeBourdais Park	April 19 <sup>th</sup> until June 28 <sup>th</sup>		Anita + Russ Higdon	250-255-3989 <a href="mailto:aeigdon@yahoo.com">aeigdon@yahoo.com</a>	Possible Hixon playday Burns lake tournament
Golf	Mondays	4pm start	Quesnel Golf Course	April until September 2026	\$120/season	Richard Lindstrom	250-983-5464 <a href="mailto:elwoodselectric@gmail.com">elwoodselectric@gmail.com</a>	Host home tournament
Soccer	Tuesdays	5:30 to 7:30pm	Correliou School	March 17 <sup>th</sup> until June 30 <sup>th</sup>		Rick Prosk	250-992-2741, 250-255-7072 <a href="mailto:rprosk@telus.net">rprosk@telus.net</a>	Possible Hixon playday Possible away tournament
Track and field	Wednesdays	5:30 to 7:30pm	Correliou School	March 18 <sup>th</sup> until July 8 <sup>th</sup>		Rick Prosk	250-992-2741, 250-255-7072 <a href="mailto:rprosk@telus.net">rprosk@telus.net</a>	Possible home meet or meet in Smithers or elsewhere
Powerlifting	To be determined					Heidi Preston Melissa Goffic	250-255-1375, <a href="mailto:hshopa@hotmail.com">hshopa@hotmail.com</a> 778-675-7383, <a href="mailto:gofficm@gmail.com">gofficm@gmail.com</a>	
Athlete Input Council	1 <sup>st</sup> Tuesday of each month	3:30 to 4:30pm	Spirit Square Meeting Room	October 1 <sup>st</sup> until June 3 <sup>rd</sup>		Colleen Wilson	250-249-5144, 1-604-997-4865 <a href="mailto:wilsonsonwinona@gmail.com">wilsonsonwinona@gmail.com</a>	