



From January 30 to February 1, will you #ChooseToInclude?

Special Olympics Canada has once again partnered with **Tim Hortons** to create the limited-edition **Special Olympics Donut**, available from January 30 to February 1. 100 per cent of the proceeds will support Special Olympics athletes with intellectual and developmental disabilities across Canada, giving them opportunities to participate in sport, discover new talents, and join an inclusive community.

Everyone is invited to order Special Olympics Donuts in restaurant, at the drive-through, or on the Tim Hortons mobile app. We can create a better tomorrow when we #ChooseToInclude today!

How to Participate

- Remind everyone to head to your local Tim Hortons from January 30 to February 1 to purchase a Special Olympics Donut!
- Planning a group order of 6 or more donuts? Pre-orders are encouraged [using this form](#).
- Show us how you #ChooseToInclude on social media!
 - Post encouragement to buy the Special Olympics Donut and/or snap a photo with donut!
 - Post using #ChooseToInclude and tag @SpecialOCanada @TimHortons and @SpecialOlympicsBC
 - Everyone who posts will be entered in a Tims card giveaway!

Suggested Text

Everyone should have the chance to experience the joy of sport. This January 30 to February 1, *I am/we are* joining the support for @SpecialOCanada by purchasing the Special Olympics Donut at @TimHortons. 100 per cent of the proceeds will help athletes with intellectual and developmental disabilities participate in Special Olympics daily community sport programs. #ChooseToInclude

Buy a Special Olympics Donut at @TimHortons January 30 to February 1! 100 per cent of the proceeds will give @SpecialOCanada athletes with intellectual and developmental disabilities the opportunity to participate in sport, discover new talents, and join an inclusive community!

@SpecialOlympicsBC athletes #ChooseToInclude. Will you?

This January 30 to February 1, *I am/we are* joining the support for @SpecialOCanada by purchasing the Special Olympics Donut at @TimHortons. All proceeds go to support more than 40,000 athletes across Canada with intellectual and developmental disabilities! #ChooseToInclude

When you buy a limited-edition @SpecialOCanada Donut at @TimHortons January 30 to February 1, 100 per cent of the proceeds will support thousands of athletes with intellectual and developmental disabilities across Canada!

You can order yours in restaurant, at the drive-through, or on the Tim Hortons mobile app! Together, we can show that belonging takes first place. #ChooseToInclude

Social Media Handles

- @Tim Hortons on all platforms
- @SpecialOCanada on all platforms
- @SpecialOlympicsBC on all platforms except X/Twitter (@SpecialOBC)

[Download Graphics Here](#)

[Visit specialolympics.bc.ca for more information and resources](http://specialolympics.bc.ca)

