

2026 Fall/Winter Sport Schedule - Oceanside

SPORT	PRACTICE TIME	VENUE	HEAD COACH	COST	DATES
AQUATICS	Mondays: 1:30pm - 2:30pm Fridays: 1:30pm - 2:30pm	Ravensong Aquatic Center	Judy Button	\$10 for Monday swimming \$10 for Friday swimming	September 28 - December 18, 2026 (Not October 12th)
BASKETBALL	Wednesdays: B1 5:30 - 6:15pm B2 7:45 - 8:45pm	Springwood Elementary	Rob Hendrickson Kevin McMillen	\$10	September 23 - December 9, 2026 (Not Sept. 30th or Nov. 11th)
BOWLING	Saturdays: 9:45 am - 11:30 am	Sunset Lanes	Greg and Trish Dunn	\$10	October 3 - December 12, 2026
CURLING	Thursdays: 3:45pm - 5:15pm	Parksville Curling Rink	Carol Ramey	\$10	October 1 - December 17, 2026
CLUB FIT	Wednesdays: 6:30 pm - 7:30pm	Springwood Elementary	Deanne Kingsley	\$10	September 23 - December 9, 2026
CLUB FIT (NUTRITION)	Tuesdays 4:00pm - 5:00pm	On-line	Sherrin Upgaard	No charge but you must register	September 23 - October 28, 2026
FLOORBALL	Thursdays 6:00 - 7:00 pm	Springwood Elementary	Greg and Trish Dunn	\$10	September 24 - December 10, 2026
POWERLIFTING	Tuesdays 6:00 - 7:30 pm	Ballenas Secondary (to be confirmed)	Kristine Mallory	\$10	September 22 - December 8, 2026

Please visit our Website at: www.sobcoceanside.ca

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