



PENTICTON

2025/2026 Sports Programs

Swimming Head Coaches: Dave Dungey (250) 809- 5908 and Kim Worth

Start Date: October 24, 2026 (Saturdays), Community Rec Centre Pool

Time: 10:00 AM – 11:00 AM – Pool Time

11:00 AM - 5 minutes – Hot Tub Time

Cost: \$5.00 each Saturday

Note: Please do not arrive at the Community Centre before 9:30. We will meet inside to hand out name passes and to hear what our Coaches have planned for the day. You will not be able to enter the change rooms until 9:50 AM. Absolutely no food or drinks (other than water – bring your own bottle) are permitted on deck or in the change rooms.

BASKETBALL AND/OR GYM (FITNESS/CHAIR YOGA) Call Mona for more information (250) 493-4805

Start Date: October 7, 2026 (Wednesdays)

Time: 3:30 PM to 5:00 PM

Cost: \$2.00 weekly

Note: Athletes are to bring proper gym attire (shorts, sweatpants T-shirt/jersey), proper gym shoes and a water bottle.

5- Pin Bowling Head Coach: Fae Hodgins (250) 809-4675

Start Date: October 6, 2026 (Tuesdays), Roll N Stones Fun Centre (Westminster Avenue)

Time: All Bowlers are expected to be at the Bowling Alley by 3:30 PM – pay for your bowling game(s) and get your shoes on - warm ups will start at 3:45 PM sharp.

Cost: **\$5.50** for one game, **\$11.00** for two

Note to 5 & 10 Pin Bowlers: The Roll N Stones Fun Centre has issued a policy with regards to water bottles and cups. We are no longer allowed to bring either of them into the bowling alley. In order to follow their policy and ensure that our athletes keep hydrated, every athlete will be given a bottle of water when they arrive (Special Olympics will be covering the cost of the bottle of water.)

10- Pin Bowling Head Coach: Mona Hazell (250) 809-6982

Start Date: October 8, 2026 (Thursdays), Roll N Stones Fun Centre (Westminster Avenue)

Time: All Bowlers are expected to be at the Bowling Alley by 3:30 PM – pay for your bowling games and get your shoes on - warm ups will start at 3:45 PM sharp.

Cost: **\$5.50** for one game, **\$11.00** for two

Snowshoeing Head Coach: Ray Huson, Assistant Coach Mona Hazell (250) 809-6982

Start Date: This sport will start when there is a sufficient amount of snow to practice on.

Time: 10:00 AM to approximately noon

Cost: \$2.00 every Sunday.

We begin our program at Kings Park and may be able to snowshoe the Carmi Trails if we have enough transportation.

Bocce Head Coach: Dona Cade (250) 493-7855

Start Date: Bocce usually takes place shortly after our bowling programs finish (if the weather cooperates for us).

Time: 3:30 PM to 5:00 PM

Cost: \$2.00 every Tuesday.