

KELOWNA FALL/WINTER SPORTS 2025-26

**Special
Olympics**
British Columbia



SPORT* VENUE* TIME* DATES*

5-Pin Bowling	Okanagan Bowling Club	Monday 4:00-6:00 pm	Sept 22- Dec 8 Jan 5- March 9 <i>*No training Oct 13, Feb 16</i>
10-Pin Bowling	McCurdy Bowling Centre	Wednesday 4:00 - 5:30 pm	Oct 1-Dec 10 Jan 7 - March 11
Alpine Skiing	Big White	Sunday 9:00-11:30am	Jan 4- March 29
Cross Country Skiing	Telemark Nordic Club	Saturday 9:00am - 12:00 pm	Jan 10-March 14
Snowshoeing	Telemark Nordic Club	Sunday 10:00 am-12:30pm	Jan 4- March 8
Curling	Kelowna Curling Club	Thursday 4:00- 5:30 pm	Oct 2- Nov 27 Jan 8 - March 12
Figure Skating	Royal LePage Place Arena	Sunday 8:30-9:15 pm	Sept 21- Dec 14 Jan 11- March 8 <i>*No training Oct 12, Nov 9, Feb 15</i>
Learn to Skate	Royal LePage Place Arena	Sunday 7:45-8:30 pm	Sept 28- Nov 30 Jan 11- March 8 <i>*No training Oct 12, Nov 9, Feb 15</i>
Basketball	Okanagan Christian School	Monday 7:30-8:30 pm	Sept 22-Dec 8 Jan 5-March 9 <i>*No training Oct 13, Feb 16</i>
Basketball (Competitive)	Okanagan Christian School	Monday 7:30-9:30 pm	Sept 22- Dec 8 Jan 5- March 9 <i>*No training Oct 13, Feb 16</i>
Floor Ball	Parkinson Recreation Centre Gym	Friday 5:30 - 6:30 pm	Sept 26- Dec 12 Jan 9- March 13

Floor Ball (Competitive)	Parkinson Recreation Centre Gym	Friday 4:30- 5:30 pm	Sept 26 - Dec 12 Jan 9-March 13
Basics to Powerlifting	REC Fitness	Saturday 5:00-6:00 pm	Sept 27- Dec 13 Jan 10- March 14 <i>*No training Oct 11, Feb 14</i>
Powerlifting (Competitive)	REC Fitness	Tuesday 5:30- 7:30 pm & Saturday 3:00-5:00 pm	Sept 23-Dec 13 Jan 6-March 14
Rhythmic Gymnastics	Rutland Activity Centre Main Hall	Tuesday 6:00-7:30 pm	Sept 23- Dec 9 Jan 6- March 10 <i>*No training Sept 30, Nov 11</i>
Swimming	Parkinson Recreation Centre	Wednesday 6:00-7:00 pm	Sept 24-Dec 10 Jan 7- March 11
Swimming (Competitive)	Parkinson Rec Centre pool H2O	Monday 6:00-7:00 pm & Wednesday 6:00-7:00pm	Sept 22- Dec 10 Jan 5-March 11 (H2O starts Oct 8) <i>*No training Oct 13, Feb 16</i>
Club Fit 2 sessions: time assigned based on numbers after registration	REC Fitness	Sunday 2:00-3:00 pm or 3:00-4:00 pm	Sept 28-Dec 7 Jan 4- March 8 <i>*No training Oct 12, Feb 15</i>
Intro to FUNdamentals	Parkinson Recreation Centre Apple Room	Wednesday 4:15-5:15 pm	Sept 24-Dec 10 Jan 7- March 11
FUNdamentals	Parkinson Recreation Centre Gym	Tuesday 4:15-5:15 pm	Sept 23-Dec 9 Jan 6-March 10 <i>*No training Sept 30, Nov 11.</i>

Fall/Winter Sports Registration Fee \$20 \$ _____

TOTAL PAID (cheque or cash) \$ _____

****NOTE:** all sports, venues, practice times, start dates will be confirmed with head coaches' email to athletes prior to sports commencing. Thank you.

REGISTRATION Questions/Inquiries: kelowna.registration@specialolympics.bc.ca

FUNDamentals Questions/Inquiries: youth.sobckelowna@gmail.com