

| <u>Fall/Winter Programs</u>   | <u>Day</u> | <u>Time</u>       | <u>2026</u>            | <u>2027</u>          | <u>No Practice</u> | <u>Tournament</u> | <u>Location</u>               | <u>Additional Fees</u> |
|-------------------------------|------------|-------------------|------------------------|----------------------|--------------------|-------------------|-------------------------------|------------------------|
| Learn to Swim                 | Monday     | 5:00 to 5:30 pm   | September 21           | March 8              | Oct 12 and Feb 15  |                   | Poirier Sports Complex Pool   | \$25                   |
| Lengths Swim                  | Monday     | 5:30 to 6:30 pm   | September 21           | March 8              | Oct 12 and Feb 15  |                   | Poirier Sports Complex Pool   | \$25                   |
| Athletic Club                 | Tuesday    | 6:30 to 7:30 pm   | September 22           | March 9              |                    |                   | Alderson Elementary           | NO                     |
| 5 Pin Bowling                 | Tuesday    | 3:15 to 5:30 pm   | September 22           | March 9              |                    |                   | Port Coquitlam Bowl           | Weekly Bowling Fees    |
| Club Fit Cardio               | Tuesday    | 7:30 to 8:30 pm   | September 22           | March 9              |                    |                   | Alderson Elementary           | NO                     |
| Rhythmic Gymnastics           | Wednesday  | 7:30 to 8:30 pm   | September 23           | March 10             |                    |                   | Seaview Elementary            | NO                     |
| Floor Ball                    | Thursday   | 6:00 to 7:30 pm   | September 24           | March 11             |                    |                   | Forum on Poirier              | NO                     |
| Powerlifting                  | Thursday   | 7:00 to 8:30 pm   | September 24           | March 11             |                    |                   | Terry Fox Secondary           | NO                     |
| Basketball - Group C (1)      | Friday     | 6:00 to 7:00 pm   | October 2              | March 12             |                    |                   | Seaview Elementary            | NO                     |
| Basketball - Group C (2)      | Friday     | 7:00 to 8:00 pm   | October 2              | March 12             |                    |                   | Seaview Elementary            | NO                     |
| Basketball - Group B          | Friday     | 8:00 to 9:00 pm   | October 2              | March 12             |                    |                   | Seaview Elementary            | NO                     |
| Curling                       | Saturday   | 9:30 to 11:30 am  | September 19           | March 6              | January 30, 2027   |                   | Port Moody Rec Centre         | NO                     |
| 5 Pin Bowling                 | Saturday   | 9:00 to 11:00 am  | September 19           | March 13             |                    |                   | Port Coquitlam Bowl           | Weekly Bowling Fees    |
| 10 Pin Bowling                | Saturday   | 12:00 to 2:00 pm  | September 19           | March 13             |                    |                   | Zone Bowling                  | Weekly Bowling Fees    |
| Active Start                  | Saturday   | 3:30 to 4:30 pm   | September 19           | March 13             |                    |                   | Port Moody Rec Centre         | NO                     |
| FUNDamentals                  | Saturday   | 3:30 to 4:30 pm   | September 19           | March 13             |                    |                   | Port Moody Rec Centre         | NO                     |
| Speed Skating                 | Sunday     | 11:15 to 12:45 pm | September 20           | March 7              |                    |                   | Planet Ice Coquitlam          | \$50                   |
| Learn to Skate                | Sunday     | 4:15 to 5:15 pm   | September 27           | March 7              |                    |                   | Poirier Sports Centre         | \$25                   |
|                               |            |                   |                        |                      |                    |                   |                               |                        |
| Yoga                          | Wednesday  | 6:00 to 7:00 pm   | ~                      | January 6            | Finish March 10    |                   | Pleasantside Elementary       | \$15                   |
| Alpine Skiing                 | Monday     | 5:00 to 9:00 pm   | ~                      | January              | Weather dependent  |                   | Cypress Mountain              | Ski pass               |
| Snowshoeing                   | Sunday     | 8:30 to 11:30 am  | ~                      | January              | Weather dependent  |                   | Seymour Mountain              | \$40                   |
| <u>Spring/Summer Programs</u> | <u>Day</u> | <u>Time</u>       | <u>Start Dates TBC</u> | <u>End Dates TBC</u> |                    |                   | <u>Location</u>               | <u>Additional Fees</u> |
| Soccer                        | Monday     | 6:00 to 7:30 pm   | April                  | June                 |                    |                   | Charles Best turf             | NO                     |
| Golf                          | Monday     | 6:30 to 8:00 pm   | April                  | June                 |                    |                   | Eagle Quest Golf Course       | \$70**                 |
| Softball Dryland              | Tuesday    | 6:30 to 8:00 pm   | April                  | June                 |                    |                   | Porter Elementary School      | NO                     |
| Softball                      | Tuesday    | 6:30 to 8:00 pm   | April                  | June                 |                    |                   | Mundy Park Diamonds #1 and #2 | NO                     |
| Fit Familes & Friends         | Wednesday  | 6:30 to 7:30 pm   | April                  | June                 |                    |                   | Changes Weekly                | NO                     |
| Track and Field               | Wednesday  | 6:00 to 8:00 pm   | April                  | June                 |                    |                   | Percy Perry Stadium           | NO                     |
| Yoga at Blue Mountain         | Thursday   | 6:00 to 7:15 pm   | April                  | June                 |                    |                   | Blue Mountain Park            | NO                     |
| Golf                          | Thursday   | 6:30 to 8:00 pm   | April                  | June                 |                    |                   | Eagle Quest Golf Course       | \$70**                 |
| Softball                      | Saturday   | 9:30 to 11:00 am  | April                  | June                 |                    |                   | Mundy Park Diamonds #1 and #2 | NO                     |
| Bocce                         | Sunday     | 4:00 to 5:00 pm   | April                  | June                 |                    |                   | Centennial Track Oval         | NO                     |

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| Fees are \$15 per program up to 3 programs. Enrollment in 4 or more programs is \$50 in total. |  |  |  |  |  |  |  |  |
| NOTE - some programs have additional fees. Fees are due at time of registration.               |  |  |  |  |  |  |  |  |
| ** Only golf fees are to be paid at the beginning of golf season - April 2027**                |  |  |  |  |  |  |  |  |