# SOBC-COQUITLAM SPEED SKATING/ REGIONAL QUALIFIER MEET

Date: February 8, 2026 9:30am-3:30pm

Planet Ice - Arena #1— 2300 Rocket Way, Coquitlam, BC

Coquitlam Local invites BC Special O Speed Skaters to compete at our Annual SOBC-Sanctioned Speed Skating Meet (also a Qualifier meet, for the 2027 Winter Provincial Games)

# **REGISTRATION** info:

Deadline: Monday, January 5, 2026

**Fee:** \$30/athlete & \$15/coach (non-refundable)

- -Cheques payable to SOBC Coquitlam, may be brought in on Feb 8, day of the Meet.
- -Registration form enclosed:
- -Choose a minimum of 2 races, and a max of 4 for each athlete, and list athletes' race times in the space provided for the event they will be participating in—

55m (Developmental only), 111m, 222m, 333m, 500m, 777m,1000m, 1500m, 3000m

- -Preliminary races and finals to be determined.
- -Please fill out online, and return by email to Diane Bruneau (**Meet coordinator**):

dimarkbru@gmail.com

1578 Madore Ave

Coquitlam, BC V3K-3C4 / contact info: 604-375-9719

## <u>Coaches</u>

#### \*Please review

SOBCwebsite—>www.specialolympics.bc.ca—>Resources—Coach certification requirements, Competition Sport Rules, Competition & Practice Attire, MPR (Maximum Performance Rule)

-Travel to and from the venue will be the responsibility of your local. -please bring your NCCP#, and all medical forms of your athletes and coaches.

- -Be prepared to attend the entire competition.
- -Coach: Athlete ratio is 1:3
- -Snacks and coffee will be provided in the Officials/ Coaches' room for coaches, officials, and volunteers.

### Athletes

- -must wear all necessary safety equipment, and follow rules as outlined in SOBC website.
- -bring a water bottle. Lunch and snacks will be provided.

To all: Please dress warmly as this venue is **cold**.

## **MEET SCHEDULE:**

9:30—Registration in Coquitlam Planet Ice lobby

9:50—Team photos will be taken adjacent to the lobby

10:00—Dryland warmup

10:30—Coaches' meeting in Officials/recording room

10:45—Equipment on

11:15-11:20—On ice warmup for Group 1

11:21-11:26—On ice warmup for Group 2

11:30—Races begin

1pm (time approximate)—lunch provided - ice will be cleaned

when deemed necessary by chief referee

3:30pm(time approximate) remove mats from ice by 3:45pm