***2024 – 2025 Schedule***

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| Sport | Location | Time/Date | Start Date | Coaches |
| 5 – pin Bowling | Glenmerry Bowl | Monday 6 pm | September 15 | HC: Alan Prough  Linda, Debbie, Donna, Lyndon & Sheila |
| Alpine Skiing | Red Mountain | Sunday Morning | January 2026 | HC: Kurt Kutcher  Darrel, Jamie, Russ, Dave |
| Bocce | Bocce Pits | Monday 6 pm | May 2025 | HC: Alan Prough  Linda |
| Golf | Champion Lakes Golf Course | TBD | Spring 2026 | HC Rhonda Chandler, John McPhee, Josh Blank |
| Snow Shoeing | Haley Park Field / Gyro Park | Dry Land training  Saturday 10am | October 2025 | HC Rhonda Chandler, Amy McPhee |
| Swimming | Trail Aquatic Centre | Wednesday  6pm – 7pm | Nov 5th to Dec 10, 2025  Jan 8, 2026- March 11, 2026, | HC BettyAnne Marino  Tessa Jones, Tyler McAuley |
| Rhythmic Gymnastics | Trail United Church | Tuesday 2:45 to 4:00 | Sept 16, 2025 – April 14 2026 | HC Debbie Bailey |
| Club Fit | Elevate Athletics / Functional Fitness | Thursday  2:45 – 3:45 | October 2 2025 – April 2026 | HC Linda P, Debbie B & Linda M |
| Floor Ball | Learning Center | Thursday  6 pm - 7 pm | October 2, 2025 – March 12 2026 | HC Sid Compston, & Chris |
| FUNDamentals | Rossland School | To be determined after September | To be determined after September | HC Jamie Santano |