

Name: **Chelsea Kaake**

Hometown: **Delta**

When did you start with Special Olympics and how did you get involved?

I started with Special Olympics - Delta 5 years ago. My mom got me involved when she saw an ad in the newspaper. I have always loved sports and have been playing on different teams my whole life. I got involved to stay active and make lots of friends. I have lots of friends with Special Olympics.

What is your most memorable Special Olympics experience?

When I went to Comox Valley in 2005 for the Summer Games and won two medals--first place in the standing long jump and second place in the 100-metre dash. I also got fourth in shot put and seventh in the 200-metre run.

What would you like people to know about you?

I was chosen as one of nine people to go to Vancouver Community College for a food prep program in September. I had to have a four-hour interview and it took over three months to be accepted. My family is very proud of me!

I am also very involved with my school and summer group. I love helping the teachers and other students through the peer group in my school. Some of my teachers even told me that they don't want me to leave because I am able to help them with other students. I love helping and being a role model to others.

What sports do you participate in?

Bowling, curling, floor hockey, powerlifting, soccer, softball, track and field